

Your Stars

OCTOBER



ARIES - October sees the ram of the Zodiac focussing on intimacy issues in key relationships. Saturn, the Lord of Karma, continues to wend its way through your Zodiac Sign, and you are reckoning with the completion of a karmic cycle. This could mean payback when it comes to your primary partner, whether business or personal. Alternatively, you could be reaping the rewards of past efforts in the closest of your unions. The planet of relationships, Venus, also turns Retrograde in the 8th House of your Solar Chart, the area of intimacy, shared resources and investments, highlighting the need to reflect on who really is your ride-or-die person in life. Meanwhile, your ruling planet Mars is in Leo and the 5th House of your Solar Chart, indicating that a creative or sporting hobby could spark a welcome resurgence of energy, enthusiasm and perhaps even romance.



TAURUS - Health is currently your central theme. It is time to examine your daily habits and ensure that you are living your best life. Any bad habits may need to be replaced with healthier ones, and small steps taken this month could prove to be large strides in the future. Look for practical ways to reduce stress and eliminate those everyday irritants that unnecessarily drain your energy. Other people's health may also be on your mind. If your role is a caretaking one, then you need to make time for yourself as well. Remember the oxygen-mask message on the plane? Put your own mask on first before helping others. Your ruling planet Venus turns Retrograde in the marital sector of your Solar Chart, indicating that you may also need to reflect on your relationship needs, as well as those of your partner. Balance is the key to your wellbeing this month.



GEMINI - The start of October heralds a creative spurt of energy for Geminis. This is your time to enjoy romantic interludes, pursue fun-filled hobbies or simply indulge in a little pampering. The idea is to recharge your batteries through play rather than pushing yourself to achieve yet another goal. Anything that boosts your endorphins and puts a spring back in your step gets the astrological tick of approval. Romance can also flourish when you stop overthinking and simply enjoy the moment. Later in October, however, the mood shifts as your ruling planet Mercury turns Retrograde once again. This is your cosmic cue to slow down, review your plans and reflect before making any rash decisions. Misunderstandings may need sorting out, particularly in your everyday life. Rather than racing ahead, give yourself permission to pause. Sometimes taking a little time out allows the best ideas, and answers, to emerge.



CANCER - Home is where the Cancer heart is, but this does not necessarily mean just one location. Like your Zodiac symbol, the crab, you can be the type of little critter who doesn't travel far from familiar shores, or you could resemble those species that journey far afield for seasonal purposes. Either way, October sees you focussing on your preferred home base, gathering family members around you and enjoying the pleasures of your private life. Your attention may also turn to making changes in your home environment. This could be as simple as introducing a new colour scheme or shifting the furniture around, or as ambitious as renovating, extending or adding an extra room. Whatever form it takes, the urge is to create surroundings that truly nurture you. Family connections may also take priority now, reminding you that home is not simply a place. It is where you feel you belong.



LEO - October sees an increase in your drive and confidence as the fiery planet Mars moves through your Zodiac Sign. This is your month to get things done. You, like your Zodiac symbol the lion, are on the prowl, with your sights set firmly on something or someone. The key is to direct your lion-like energy wisely so that you are assertive and confident rather than aggressive or overly demanding. The trick is to move with the grace of a lion in full flight, communicating your goals clearly and connecting with those who can offer support. Physical activity can also provide a positive outlet for any excess energy or frustration. If you have been waiting for the right moment to initiate a personal project, pursue a passion or simply put yourself first, then October provides the impetus. Be bold, but remember: true confidence doesn't need to roar to make itself heard.



VIRGO - Money matters are your focus this month. It is time to balance your personal budget and take a realistic look at what is coming in and what is going out. You may need to work smarter, rather than harder, and this could involve a change of direction. Is it time for a promotion, a monetary raise or perhaps even a change in career? As you assess your income and expenditure, you also need to decide whether budget cuts are necessary or whether you can create new avenues of income. Powerful Pluto opposes Mars at the start of October, straddling the 6th and 12th Houses of your Solar Chart. This emphasises the need to go with the flow and avoid unnecessary confrontations at work. You cannot control other people's behaviour, only your own response. Take extra care when driving on the roads, too. Patience is your superpower this month.



LIBRA - Your ruling planet Venus turns Retrograde in October, calling for a relationship reset. As you enter a new birthday year, you may find yourself taking a trip down memory lane. Past lives and loves can resurface, prompting you to release unresolved issues and reconsider what and who you truly value. October is also likely to see you reassessing your personal resources, including your strengths and weaknesses, and how these influence your ability to experience healthy self-esteem. Are you valuing yourself sufficiently, or relying too much on validation from others? As you take a deep dive into relationships, the Sun in Libra reminds you that self-love is an essential ingredient in living well. The same principle applies to financial matters: knowing your worth can change the choices that you make. This month is less about seeking approval and more about reconnecting with the person looking back at you in the mirror.



SCORPIO - At this time of year your focus naturally turns inwards as the Sun moves through the 12th House of your Solar Chart and Venus turns Retrograde in your Zodiac Sign. Your usual resources may be dwindling temporarily as something, or someone, demands more of your time and energy than usual. Spiritual practices, meditation or simply some quality time alone can help you restore your equilibrium. You do not need to solve everything at once. As the month progresses, you are likely to feel less overwhelmed and increasingly able to move forward with confidence. Nevertheless, past relationships may need to be dealt with before you can completely embrace the future. With Venus retracing her steps through Scorpio, an old love, memory or unresolved emotional matter could resurface. This is your opportunity for closure. Reflect on what the past has taught you, release what has run its course and prepare for renewal.



SAGITTARIUS - Social events and networking are your themes for October. It is a busy month as you seek positive connections with people from all walks of life. Personal and professional associates can light up your life, bringing fresh ideas, opportunities and plenty of invitations. Social media and in-person events are both likely to expand your circle of acquaintances and friends. You can also benefit from joining a group or club, particularly one that connects you with like-minded souls. Your natural Sagittarian enthusiasm makes you an appealing companion, so make the most of opportunities to mix and mingle. It is also possible that a past lover reappears, offering you the chance to renew an old flame or, alternatively, a final opportunity for closure. Either way, October reminds you that relationships come in many forms. Some people accompany us for a lifetime, while others appear just long enough to point us in a new direction.



CAPRICORN - It is time to make your mark on the world, particularly through your profession. The Sun is high in your Solar Chart, highlighting your public life and your role as a parent, grandparent, authority figure at work, businessperson or office bearer in a community group. This is your month to focus on getting ahead and gaining recognition for your efforts. Your ruling planet Saturn is in the 4th House of your Solar Chart, encouraging you to stay grounded as you head towards your true north. It is a case of steady as she goes. You don't need to rush; your Zodiac Sign understands better than most the rewards of patience and persistence. Venus turning Retrograde also highlights the fact that you may need to tie up a few loose ends before achieving your career goals. An old professional contact could even prove helpful. Keep your eyes on the summit and continue climbing.



AQUARIUS - Are you fully aware of the powerful effect that you are having on those around you as the planet Pluto transits your Zodiac Sign? Right now, it is important that you act according to your own principles rather than trying to force others to follow suit. You can lead by example and allow others the freedom to make their own choices. This is particularly true in your professional life, where there may be some workplace politics as those in authority make changes. Avoid becoming caught up in power struggles that really have little to do with you. Instead, your best bet is to find healthy ways to broaden your horizons through activities such as travel, sport, study or anything else that offers a change of scenery and perspective. Aquarius is a future-focussed Zodiac Sign, and October reminds you to keep looking forward. Put your energy into the people, places and pursuits that inspire you.



PISCES - Shared resources are the focus in October. This can range from deciding whether or not to share a bank account with your partner, to ensuring that your tax return has been completed, or perhaps refinancing a housing or business loan. Events this month could trigger an emotional response, particularly if money matters have been pushed to one side. As a Pisces, you can sometimes feel overwhelmed by the practical realities of fiscal health, but October offers an opportunity to take charge rather than worry. The idea is to assess your income and expenditure and ensure that you are investing in areas that support your future. Lowering debt, reviewing financial commitments or seeking sound advice can leave you feeling lighter and more secure. You don't have to fix everything overnight. One sensible decision followed by another can work wonders. By month's end, you may feel far more confident about your financial future.